

**MINUTES
BOARD OF HEALTH
TOWNSHIP OF CHATHAM
NOVEMBER 6, 2025**

Mr. LaConte called the Regular Meeting of the Board of Health to order at 7:27 P.M.

Adequate notice of this meeting of the Board of Health was given as required by the Open Public Meetings Act as follows: Notice was given to both the *Chatham Courier* and the *Morris County Daily Record* on January 10, 2025; notice was posted on the bulletin board in the main hallway of the Municipal Building on January 10, 2025; and notice was filed with the Township Clerk on January 10, 2025.

Roll Call

Answering present to the roll call were Mrs. McCormack, Mrs. Rowland, Mr. Srinivasan and Mr. Pitney.

Mrs. Fowler was absent.

Approval of Minutes

Mr. Pitney moved to approve the minutes of the September 4, 2025 meeting. The motion was seconded by Mrs. Rowland and carried unanimously.

Reports

Health Officer

Mr. Gapas reported that inspections and general operations are on track to be completed by the end of the year.

Mr. Gapas further said that his office received from the Board President some information on a Health Action Plan for 2026.

Mrs. Rowland said that a wellness survey conducted by the School District in February addressed mental health and anxiety issues, and she asked if that can be addressed as part of the Health Action Plan. Mr. Gapas said that the Local Health Outreach Coordinator addresses public health programming, and noted that she is also a Certified Health Educator. He noted that she has been in touch with the Senior Center about available programming. Mrs. McCormack said that she works at the Senior Center, and she addressed the programming that is offered.

Mr. Pitney asked about partnering with local pharmacies for programs, and if the Health Department has had any luck dealing with corporate pharmacies. Mr. Gapas said that it usually depends on the particular location. Availability of blood pressure monitoring at local pharmacies was discussed. Mr. Pitney asked about mobile clinics.

Mr. Pitney asked about the objective of the School District's survey. Mrs. Rowland addressed the mental health services available at schools. Mrs. McCormack addressed the need for licensed counselors. The availability of grief counselors was discussed. Mr. Gapas noted that the Public Health Nurse is also a licensed counselor.

Registrar of Vital Statistics/Board of Health Secretary

The Flu Clinic was held on October 8th. 19 people received flu shots, most of whom were Township employees. The Senior Center held a separate flu clinic in which the high dose shot was offered.

Three temporary retail food licenses were issued in October.

At the November 1st Rabies Clinic, 10 dogs were vaccinated.

Registrar income for the previous two months is as follows:

September

7 Marriage Certificates	\$70
<u>7 Marriage Licenses</u>	<u>\$196</u>
Total	\$266

October

3 Marriage Licenses	\$84
1 Birth Certificate	\$10
<u>11 Marriage Certificates</u>	<u>\$110</u>
Total	\$318

Discussion

2026 Meeting Dates

Mr. LaConte presented draft meeting dates for 2026. He asked if the Board wanted to continue meeting every other month, or increase the frequency to monthly meetings. The consensus of the Board was to meet every other month.

The July and September meetings will be scheduled for the first Wednesday of those months to avoid conflicts with holiday weekends. The remaining meetings will continue to be on the first Thursdays.

Meeting Open to Public

Mr. LaConte opened the meeting to the public.
Seeing no public comment, the public hearing was closed.

Mrs. McCormack moved to adjourn at 7:58 PM. Mr. Pitney seconded the motion, which carried unanimously.

Gregory J. LaConte
Board of Health Secretary